

Term 1 Canteen Menu



Sandwiches/Toasties/Rolls/Wraps

	Sandwich/ Toastie	Roll	Wrap
Vegemite/Honey/Cheese	\$2.50	\$3.00	
Baked Beans	\$3.00	\$3.50	
Salad – lettuce, tomato, cucumber, carrot, beetroot,	\$4.00	\$4.50	\$5.00
Ham & Salad	\$5.00	\$5.50	\$6.00
Chicken & Salad	\$5.00	\$5.50	\$6.00
Ham	\$3.50	\$4.00	\$4.50
Chicken	\$3.50	\$4.00	\$4.50
Tuna	\$3.50	\$4.00	\$4.50

OPTIONS: Cheese - \$0.50 Tomato - \$0.50
Mayonnaise or Chutney - complimentary



Hot Food

Lean Sausage Roll	\$2.50
Lean Beef Party Pie	\$2.00
Lean Beef & Potato Pie	\$2.50
Chicken Tenders (Gluten Free)	\$2 each
Chicken Burger – Chicken Pattie, Lettuce & Mayonnaise	\$4.50
Mondays & Wednesdays only	
Steamed Dim Sims (3) – Chicken & Vegetable	\$4.00
Pizzas	
#1 Margherita	\$3.00
#2 Ham & Cheese	\$3.50
#3 Hawaiian	\$4.00

Salads



Crunchy Munchy Salad lettuce, tomato, cucumber, carrot, beetroot, cheese	\$4.50
Hawaiian Salad Salad + Ham & Pineapple	\$5.50
Chirpy Chicken Salad Salad + Chicken	\$5.50



Sushi – Mondays Only

Sushi needs to be ordered by the previous Friday



Tuna & Avocado	\$3.50
Tuna & Cucumber	\$3.50
Teriyaki Chicken	\$3.50
Chicken & Cucumber	\$3.50
Vegetarian	\$3.50

Wednesday Specials

Meal	
Funky Frittata - Eggs, milk, veggies & cheese	\$2.50
Kool Kebabs (2 per serve) - Chicken or Ham with pineapple, capsicum, cucumber, cherry tomatoes & cheese	\$4.00
Veggie Pizza Scroll - Spinach, capsicum, mushrooms, tomato, carrot, zucchini & tomato pasta sauce	\$3.00

Drinks

Milk – Chocolate or Strawberry	\$2.00
Popper – Tropical or Apple	\$2.00

Ice Creams

Icy Cup – Frozen fruit juice (no added sugar)	\$0.50
Lemonade Icy Pole	\$1.00
Quelch fruit sticks	\$0.80
Bulla Frozen yoghurt	\$1.50
Moosies – frozen milk	\$1.00

Over the counter snacks

Frozen pineapple ring	\$0.50
Frozen grapes	\$0.50
Frozen orange (quartered)	\$1.00
Red Rock Deli Chips (plain)	\$1.50
Popcorn (plain)	\$1.00
Cheesie Crisp slice	\$0.50
Hommus & Veggie sticks	\$1.00
Rice crackers (4)	\$0.20

Canteen Roster

Go to the link below to add yourself to the roster.

<https://signup.zone/QLBn9nq5bt8tMcbmD>

User: mth.canteen@mn.catholic.edu.au

Password: stjccanteen



Step 1 DOWNLOAD QKR on android or iphone/ipad

Step 2 REGISTER

Step 3 FIND OUR SCHOOL



Step 4 REGISTER YOUR CHILD/REN