

Family Calendar for Lent 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Please, Lord, give me the strength and the courage to live this season faithfully, so that, when Easter comes, I will be able to taste with joy the new life, which you have prepared for me. Amen. Henri Nouwen		25 Shrove Tuesday Investigate why Shrove Tuesday is important to Christians	26 Ash Wednesday <i>Turn away from sin and believe the good news.</i> Go to Mass and wear the cross of ashes	27 With your family, say a prayer of thanks before each meal during Lent	28 Abstain from meat on the Fridays of Lent	29 Create a sacred space as your family focus for Lent
1 1st Sunday of Lent <i>Be Opened to be led by the Spirit</i> As a family read Matthew 4:1-11	2 Project Compassion asks us to pray for the people of the Philippines this week	3 St Katharine Drexel Read the story of St Katharine Drexel and pray for unity of all peoples	4 St Casimir Read the story of St Casimir and pray for the people of Lithuania	5 Make a list of ten things you are grateful for in your life	6 Fast from screens in the bedroom	7 Sts Perpetua & Felicity Look around home for clues that you have been baptised
8 2nd Sunday of Lent <i>Be Opened to Listen</i> As a family read Matthew 17:1-9	9 St Frances of Rome Explore why pretzels are a traditional food during Lent in some cultures	10 Write a note to your teacher thanking them for their help in term 1	11 Project Compassion asks us to pray for people in Cambodia this week	12 Be gentle on yourself. No one is perfect	13 Fast from your favourite thing to do	14 At the end of your day, take time to thank God for all the graces you received during the day
15 3rd Sunday of Lent <i>Be Opened to the Living Water</i> As a family read John 4:5-42	16 Project Compassion asks us to pray for First Australian people this week	17 St Patrick Wear something green today and pray for the people of Ireland	18 St Cyril of Jerusalem Pray for those preparing for baptism at Easter	19 St Joseph spouse of Mary What did St Joseph do for a living?	20 Fast from gossip	21 Don't sit around all day - do some extra walking, running or skipping
22 4th Sunday of Lent <i>Be Opened to See</i> As a family read John 9:1-41	23 St Turibius of Mogrovejo Read the story of St Turibius and pray for the people of Lima, Peru	24 Project Compassion asks us to pray for people in India this week	25 The Annunciation of the Lord Pray that you will be like Mary and say 'yes' to God's call	26 Check times in your parish & go to Reconciliation to prepare for Easter	27 Fast from electronic games	28 Be mindful of all that God has done for you
29 5th Sunday of Lent <i>Be Opened to Believe</i> As a family read John 11:1-45	30 Drink water with your meal. Pray for those who don't have clean water	31 Project Compassion asks us to pray for the people of Malawi this week	1 Notice when someone does something kind. Praise them for it	2 St Francis of Paola Read the story of St Francis of Paola. What does God want you to do as you prepare for Easter?	3 Fast from junk food	4 St Isidore of Seville Read the story of St Isidore. Why is he the patron saint of the internet?
5 Palm Sunday <i>Be Opened to Death</i> As a family read Matthew 26:1-27:66	6 Project Compassion asks us to pray for the people of Papua New Guinea this week	7 Be thoughtful and prayerful this week. It is Holy Week	8 At bedtime, pray for people affected by bushfires	9 Thursday of the Lord's Supper <i>I have given you an example</i> John 13:15	10 Friday of the Passion of the Lord <i>And bowing his head he gave up the spirit.</i> John 19:30	11 Holy Saturday Be silent for 5 minutes and pray for the poor, homeless, the displaced
12 Sunday of the Resurrection <i>Be Opened to New Life</i> <i>...he has risen...</i> Luke 24:5 Alleluia! Alleluia!	<p>Lent is about Becoming, Doing, and Changing whatever it is that is blocking the fullness of life in us right now. Joan Chittister, OSB</p> <p>Evangelisation Brisbane www.evangelisationbrisbane.org.au</p>					